

Grower's Facts

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Kale - Palm

Brassica oleracea Toscano

PLANTATION: Sow the seeds 4-6 weeks before the last frost. Keep the temperature between 18-21 °C. Germination time is between 5 and 10 days. The seeds need light to germinate.

SOIL: Indoor: A well-drained, porous sowing media is best to prevent overwatering.

Outdoor: Rich, well-drained soil.

PLANTING:

Step 1: plow the soil about 30 cm (12 inches). Add an equal part of potting soil and mix well. Dig a hole approximately the same length as the container and about 1 ½ to 3 times the width.

Step 2: slightly squeeze the container, tap out the plant, and delicately free the roots. If the roots are too dense, liberate the fibers by inserting a knife or a transplanter. Separate the roots carefully, and then place in the hole.

* **Good to know:** Use an organic bone meal or a «soil activator» when transplanting to stimulate root development. Follow the instructions for use on the package.

Fill up the hole with garden soil. Slightly press the soil around the base of the plant to favor the contact between the roots and the soil. Water regularly every 2 or 3 days until the soil is well compacted.

Note: Flowering kale need cool weather to develop the best leaf color.