GROWER'S FACTS

W.H.PERR®N





CULTURAL PRACTICES: sow them indoors about 6 weeks before the expected date of the last frost. Bury the seeds 1.5 cm. Cover with soil, and water lightly. When the plants have 3 or 4 leaves, keep only the most vigorous.

SOIL: prefers cool, deep, moist and rich soil.

SPACING: plant those 10 cm deep, on small hillocks 50 cm apart. The rows should be spaced 40 to 80 cm depending on the varieties chosen.

GROWING TIPS: Prepare the soil first by adding a good amount of compost and natural fertilizer. However, kale is content with partial shade. Keep the soil around the foot moist, but not soggy: it's a good idea to install mulch to keep the moisture deep. Water 1-2 times a week, or more often in times of drought, be careful not to wet the leaves. Hoe and weed also once a week, and pull out the weeds.

HARVEST: depending on the variety, it is harvested between late July and November. You have to wait until the center is the size of a beautiful curly apple.